

PRACTICE ROUTINE GUIDELINES

Design a daily practice schedule that will allow you to cover everything. Always start with some sort of warmup (long tones, lip slurs, etc.). Make sure you don't spend too much time on any given area...unless there is a specific reason to do so. See sample practice routines below:

Sample Practice Routine – Woodwinds

1. Long Tones
2. Scales and “Scale-Related” Exercises
3. Technical Etudes (from etude book)
4. Solo Piece (if applicable)
5. Other Music...

Sample Practice Routine – Brass

1. Lip Slurs/Mouthpiece Buzzing
2. Long Tones
3. Scales and “Scale-Related” Exercises
4. Technical Etudes (from etude book)
5. Solo Piece (if applicable)
6. Other Music...

Sample Practice Routine – Strings

1. Scales and “Scale-Related” Exercises
2. Bowing Technique/Intonation Exercises
3. Technical Etudes (from etude book)
4. Solo Piece (if applicable)
5. Other Music...

Sample Practice Routine – Percussion

1. Rudiments – Snare Drum
2. Scales and “Scale-Related” Exercises - Mallets
3. Technical Etudes (from etude book) – Snare/Mallets
4. Solo Piece (if applicable)
5. Other Music...

*All sample routines are very general guidelines. Many musicians have modified this to suit their schedule & goals, but all good practice routines should cover these basic elements.