

CMMS Music Personal Practice Journal Rubric

<u>Skill</u>	<u>Advanced (5)</u>	<u>Proficient (3-4)</u>	<u>Developing (2)</u>	<u>Needs Improvement (0-1)</u>
Time Management	<ol style="list-style-type: none"> 1. Timing for each goal is accurate and clearly set ahead of time. 2. Student uses a timer in practicing. 3. Student practices at least 30 minutes or more per practice session. 	<ol style="list-style-type: none"> 1. Timing for most goals are accurate and set ahead of time. 2. Student uses a timer during some of their practicing. 3. Student practices an average of 20-30 minutes per practice. 	<ol style="list-style-type: none"> 1. Timing for most goals are inaccurate and unclear. 2. Student does not use a timer in practicing. 3. Student practices an average of 10-20 minutes per practice session. 	<ol style="list-style-type: none"> 1. Timing for all goals are inaccurate and unclear. 2. Student does not use a timer in practicing. 3. Student practices an average of 0-10 minutes per practice session.
Goal Setting	<ol style="list-style-type: none"> 1. 3-4 goals are clearly and specifically set in each practice session. 2. Student works toward mastery- if mastery is not achieved they give themselves more time the next day to master their goal. 3. Student sets a variety of goals. 	<ol style="list-style-type: none"> 1. 2-3 goals are set in each practice session. 2. Student sets goals for each practice session, but doesn't always follow up/ reset goals for mastery. 3. Student sets goals based on immediate practice needs rather than long-term skills. 	<ol style="list-style-type: none"> 1. 1-2 goals are vaguely set each practice session. 2. Student has different goals each day, indicating that they are not ensuring mastery in their practicing. 3. Student sets goals based on what they think is "fun" or "easy". 	<ol style="list-style-type: none"> 1. 0-1 goals are vaguely set each practice session. 2. Student continuously sets goals that they have already achieved rather than working toward mastery of new skills.
Reflection	<ol style="list-style-type: none"> 1. Journal entry is thorough, detailed and thoughtful. 2. Student shares insight into their strengths and weaknesses, and sets future goals. 3. Student communicates a vision of success. 	<ol style="list-style-type: none"> 1. Journal entry is thoughtful but lacking some insight. 2. Student shares insight into their strengths and weaknesses, but does not set future goals. 3. Student communicates a vision of success. 	<ol style="list-style-type: none"> 1. Journal entry is minimal and lacks detail. 2. Student is minimal in their self reflection. 3. Student does not set future goals or have a vision of success. 	<ol style="list-style-type: none"> 1. Journal entry is either incomplete, off topic or a few words/incomplete sentences. 2. Student does not self-reflect. 3. Student does not have a vision of success.
Consistency	Student practices 5+ times in a week.	Student practices 4 times in a week.	Student practices 3 times in a week.	Student practices 0-2 times in a week.